

NMSNA REGIONAL TRAINING  
 The Next Generation of Healthy  
 Region 5 – March 1, 2019



Gadsden Independent Schools  
 Student Nutrition Program Complex  
 5235 Highway 28  
 Anthony, New Mexico 88021

**IT'S ALL ABOUT YOU!!!!**  
**March 1, 2019-Saturday**  
**7:30am-4:30pm**

**7:00-7:20 Continental Breakfast & Registration**

	7:30 - 11:30		11:30- 12:30	12:30-4:30
Group A	Sanitation- (SNA certification class) <b>Tentative</b>		Lunch Provided	Sanitation- (continued)
	7:30 - 9:30	9:30 - 11:30	11:30 - 12:30	12:30 - 2:30
Group B	Eating right Helps you work like "dynamite" (eating habits) Veronica Hunnicutt	Look good/feel good= A Positive Attitude (personal hygiene/appearance)  Laura Herrera	Lunch Provided	Calming the mind and body (relaxing)  Francisco Rayos
				Move the body (exercise)  Diana Wells

PLEASE RSVP by 02/22/2019 to Maria S. Guerra at 575-882-6772 or [msguerra@gisd.k12.nm.us](mailto:msguerra@gisd.k12.nm.us) for lunch & class.  
 Training is free to all NMSNA members, please provide member number at time of registration. Fee of \$20 for non-members must be paid day of training, cash only.